

SCELC Menu

Week of: August 8-12, 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	½ c. Cold Cereal ½ c. Mandarin Oranges ¾ c. Milk	½ Biscuit ¼ c. Sausage Gravy ½ c. Applesauce ¾ c. Milk	4 French Toast Sticks 1 tbsp. Syrup ½ Fresh Banana ¾ c. Milk	½ c. Yogurt Granola ½ c. Mixed Berries ¾ c. Milk	½ c. Scrambled Eggs ½ Toast ½ c. Strawberries ¾ c. Milk
LUNCH	2 oz. BBQ Chicken ¼ c. Mac & Cheese ½ c. Peas & Carrots ½ c. Mixed Fruit ¾ c. Milk	½ Turkey/Ham Sub ¼ c. Tater Tots ½ c. Green Beans ½ c. Diced Peaches ¾ c. Milk	Chicken Alfredo Pasta ½ Garlic Toast ½ c. Tossed Salad ½ c. Fresh Fruit ¾ c. Milk	½ Pork Rib Sandwich ¼ c. Baked Beans ½ c. Mixed Vegetables ½ c. Fruit ¾ c. Milk	1 Slice Cheese Pizza 1/2c. Corn ½ c. Fruit ¾ c. Milk
AFTERNOON SNACK	2 Shortbread Cookies ½ Banana ¾ c. Milk	½ c. Pretzels 2 oz. Cheese Cubes	2 Graham Crackers ¾ c. Milk	½ oz. Tortilla Chips 2 tbsp. Salsa KRSC: Camp Cookout	¼ c. Orange Sherbet ½ c. Animal Crackers ¾ c. Milk